



**IQAC, Dr. APJ. Abdul Kalam
Government College presents**



Awareness programme on women's health and hygiene

Speakers:

Dr. Indranil Saha
Consultant Gynaecologist, Bhagirathi Neotia
Mr. Sumanta Biswas
Bhu-sankalpa, Chandannagar



Room no 19, September 23, 2022, 1-30 pm



Moments from the programme



Awareness Programme on women's Health and Hygiene

Date: 23rd September 2022

Time: 1:30 pm

Venue: Room No. 19, Dr. A.P.J. Abdul Kalam Government College

The college IQAC arranged for an awareness programme on women's health and hygiene as one of the most pressing and important issues of the present time.

Objective

Nearly 70% of the students of Dr. A.P.J. Abdul Kalam College, Newtown are girl students who come from rural and suburban areas. As such, it has been observed that their awareness regarding basic issues of women's health and hygiene are often plagued by lack of scientific knowledge and clouded by taboo and superstition. These social evils often result in having a disastrous effect on the health of the girls and the women in society. In an attempt to redress this lack and raise awareness among its girl students with the hope of it trickling down to society at large,

Activity

The program began with a speech by Dr. Debasish Banerjee, the Principal of the College where he spoke about the necessity of raising health awareness among the women in society. This was followed by a speech by Dr. Mala Neogy, Coordinator of the IQAC, where he spoke on the necessity of a scientific approach in dealing with female health and also the need of breaking superstitions while discussing and conversing about this topic. This was followed by the main session of the seminar which included a speech by Dr. Indranil Saha and MR. Sumanta Biswas.

Dr. Indranil Saha is a consultant gynecologist of high repute and his talk was centered around women's reproductive health. He also sensitized the students on the topic of ovarian and breast cancers, modes of early detection and the necessity of early intervention in redressing them. He also spoke on the topic of menstrual hygiene and its proper management as well as the necessity of disseminating this view in greater society.

Mr. Sumanta Biswas, also known as the padman of India, spoke on behalf of Bhu-shankalpa, Chandannagar. His speech was mostly based on his personal experiences based on his activities in spreading menstrual health awareness in the rural areas where superstition is most rampant. He spoke of the necessity of the use of sanitary napkins as a hygienic alternative and the duty of making it easily and economically available through proper governmental and institutional intervention. The program ended with a vote of thanks offered by the faculty members of the Department of Botany.

Result

The college has a sanitary napking vending machine installed for the benefit of the girls' students. It was believed that increased awareness would lead to more frequent usage of the same, and that was proven to be true. The expectation that the awareness will trickle down to the grassroots was also met.

