



**IQAC, Dr. APJ. Abdul Kalam
Government College presents**



Awareness programme on women's health and hygiene

Speakers:

Dr. Indranil Saha
Consultant Gynaecologist, Bhagirathi Neotia
Mr. Sumanta Biswas
Bhu-sankalpa, Chandannagar



Room no 19, September 23, 2022, 1-30 pm



Moments from the programme



Awareness Programme on women's Health and Hygiene

Date: 23rd September 2022

Time: 1:30 pm

Venue: Room No. 19, Dr. A.P.J. Abdul Kalam Government College

The college IQAC arranged for an awareness programme on women's health and hygiene as one of the most pressing and important issues of the present time.

Objective

Nearly 70% of the students of Dr. A.P.J. Abdul Kalam College, Newtown are girl students who come from rural and suburban areas. As such, it has been observed that their awareness regarding basic issues of women's health and hygiene are often plagued by lack of scientific knowledge and clouded by taboo and superstition. These social evils often result in having a disastrous effect on the health of the girls and the women in society. In an attempt to redress this lack and raise awareness among its girl students with the hope of it trickling down to society at large,

Activity

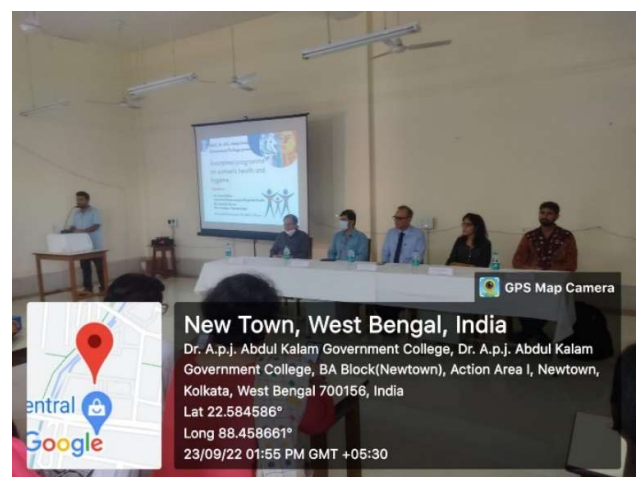
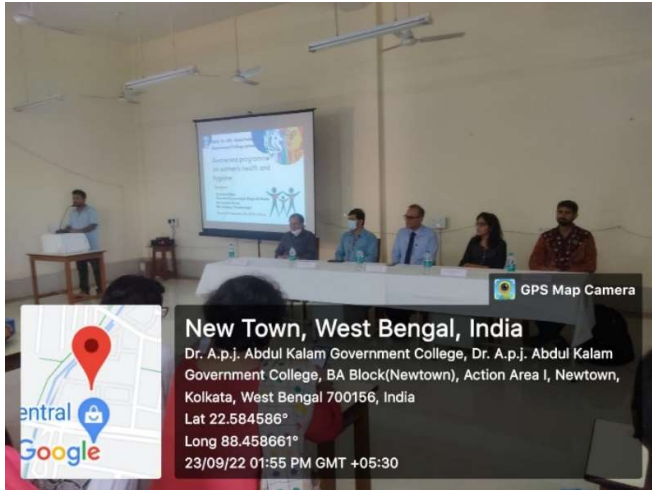
The program began with a speech by Dr. Debasish Banerjee, the Principal of the College where he spoke about the necessity of raising health awareness among the women in society. This was followed by a speech by Dr. Mala Neogy, Coordinator of the IQAC, where he spoke on the necessity of a scientific approach in dealing with female health and also the need of breaking superstitions while discussing and conversing about this topic. This was followed by the main session of the seminar which included a speech by Dr. Indranil Saha and MR. Sumanta Biswas.

Dr. Indranil Saha is a consultant gynecologist of high repute and his talk was centered around women's reproductive health. He also sensitized the students on the topic of ovarian and breast cancers, modes of early detection and the necessity of early intervention in redressing them. He also spoke on the topic of menstrual hygiene and its proper management as well as the necessity of disseminating this view in greater society.

Mr. Sumanta Biswas, also known as the padman of India, spoke on behalf of Bhu-shankalpa, Chandannagar. His speech was mostly based on his personal experiences based on his activities in spreading menstrual health awareness in the rural areas where superstition is most rampant. He spoke of the necessity of the use of sanitary napkins as a hygienic alternative and the duty of making it easily and economically available through proper governmental and institutional intervention. The program ended with a vote of thanks offered by the faculty members of the Department of Botany.

Result

The college has a sanitary napping vending machine installed for the benefit of the girls' students. It was believed that increased awareness would lead to more frequent usage of the same, and that was proven to be true. The expectation that the awareness will trickle down to the grassroots was also met.



Awareness Programme on Women's Health & Hygiene 23rd September, 2022

Attendance Sheet

| Sl. No. | Name | Department | Signature |
|---------|-------------------|--------------|-------------------------|
| 1. | Nurun Nozha Islam | Zoology | Nurun Nozha Islam. |
| 2. | Priyanka Mondal | Bengali | Priyanka Mondal |
| 3. | Tahina Parvin | Sociology | Tahina Parvin |
| 4. | Sahina Parveen | Sociology | Sahina Parveen |
| 5. | Puja Roy | Sociology | Puja Roy |
| 6. | Priyanka Mondal | Zoology | Priyanka Mondal |
| 7. | Mumtaz Khatun | Zoology | Mumtaz Khatun |
| 8. | Simran Gupta | Zoology | Simran Gupta |
| 9. | Jisan Khan | Zoology | Simran Gupta |
| 10. | Sanjib Sikder | English | Sanjib Sikder |
| 11. | Sovan Mondal | History | Sovan Mondal |
| 12. | Md Imran Ali | Bengali | Md Imran Ali |
| 13. | Subhadra Kundu. | Bengali | Subhadra Kundu. |
| 14. | Suman Mondal | Philosophy | Suman Mondal |
| 15. | Tumpa Mondal | History | Tumpa Mondal |
| 16. | Mousumi Roy | History | Mousumi Roy |
| 17. | Hina Mondal | History | Hina Mondal |
| 18. | Rinky Samadder | Philosophy | Rinky Samadder |
| 19. | Kakuli Majhi | Philosophy | Kakuli Majhi |
| 20. | Shila Halder | Philosophy | Shila Halder |
| 21. | Mansina Khatun | Sociology | Mansina Khatun |
| 22. | Ajmitra Khatun. | Pol. Science | Ajmitra Khatun |
| 23. | Marufa Khatun. | Pol. Sc. | Marufa Khatun |
| 24. | Anindita Halder | History | Anindita Halder |
| 25. | Salma Khatun | Sociology | Salma Khatun |
| 26. | Salma Khatun | Sociology | Salma Khatun |
| 27. | Salma Yeasmin. | History | Salma Yeasmin. |
| 28. | Suraiya Khatun | History | Suraiya Khatun |
| 29. | Subhina Nasir | History | Subhina Nasir |
| 30. | Sabanara Khatun | Bengali | Sabanara Khatun |
| 31. | RESHMI KHATUN | Bengali | Reshmi Khatun |

Attendance Sheet

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|-----|---------------------------|-------------------|--------------------|
| 32. | Nazmun Naher | Bengali | Nazmun Naher. |
| 33. | Aritri Koley | English | Aritri Koley |
| 34. | Smriti Mangar | English | Smriti Mangar |
| 35. | Sulata Mondal. | History (5th) | Wahid |
| 36. | Sajani Mondal. | Bengali | Sajani Mondal. |
| 37. | Sadhana Mondal | Bengali | Sadhana Mondal |
| 38. | Neha Khatun | English | Neha Khatun. |
| 39. | Falak Nazir | English | Falak Nazir |
| 40. | Sumaiya Khatun | English | Sumaiya Khatun |
| 41. | Disha Roy | History | Disha Roy |
| 42. | Shilpa Mondal | English | Shilpa Mondal |
| 43. | Saemi Mondal | Political Science | Saemi Mondal |
| 44. | Tania Ahamed | Bengali | Tania Ahamed |
| 45. | Borsha Naskar | Bengali | Borsha Naskar |
| 46. | Sadika Sultana | Bengali | Sadika Sultana |
| 47. | Tajkiya Parveen | Bengali | Tajkiya Parveen |
| 48. | Kubsum Khatun | History | Kubsum Khatun |
| 49. | Tuhina Khatun | History | Tuhina Khatun |
| 50. | Sabana Khatun | Bengali | Sabana Khatun |
| 51. | Sonamoni Khatun | History | Sonamoni Khatun |
| 52. | Pri Roy | Bengali | Pri Roy |
| 53. | PUJA SARKAR | BENGALI | Puja Sarkar |
| 54. | Umme Karima | History | Umme Karima |
| 55. | Saniya Parveen | History | saniya Parveen |
| 56. | Umme Rabia Khatun | History | Umme Rabia Khatun |
| 57. | Sahina parvin | History | Sahina parvin |
| 58. | Rufiada Nasrin | English | Rufiada Nasrin |
| 59. | Suraiya Khatun | English | Suraiya Khatun |
| 60. | Umme Salma Khatun | History | Umme Salma Khatun. |
| 61. | Sabina yesmin | History | Sabina yesmin |
| 62. | Nargis Khatun | History | Nargis Khatun |
| 63. | Sahina Khatun | History | Sahina Khatun |
| 64. | Rupali Gayen | Bengali | Rupali Gayen |

Awareness Programme on Women's Health & Hygiene 23rd September, 2022

Attendance Sheet

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|-----|-------------------|-------------------|-------------------|
| 65. | Susmita Mondal | Anthropology | Susmita Mondal |
| 66. | Mounita Biswas | Anthropology | Mamita Biswas |
| 67. | Nusrat Jahan | Botany | Nusrat Jahan |
| 68. | Reja Ghosh | Botany | Reja Ghosh |
| 69. | Debjani Basak | Botany | Debjani Basak |
| 70. | Riya Ghosami | Philosophy | Riya Ghosami |
| 71. | Simran Khatun | Philosophy | Simran Khatun |
| 72. | Nevadita Majumdar | Pol Science | Nevadita Majumdar |
| 73. | Susmita Majumder | Pol science | Susmita Majumder |
| 74. | Chandni Sarker | Sociology | Chandni Sarker |
| 75. | Koyal Mondal | Sociology | Koyal Mondal |
| 76. | manisha Naskar | Sociology | manisha Naskar |
| 77. | Jyoti Mondal | Sociology | Jyoti Mondal |
| 78. | Sohana Parveen | Philosophy | Sohana Parveen |
| 79. | khaleda khatun | political science | khaleda khatun. |
| 80. | Sounita Mondal. | Political Science | Sounita Mondal. |
| 81. | Riya Naskar | English | Riya Naskar |
| 82. | Apurba Mondal | Sociology | Apurba Mondal |
| 83. | Rahaf Akhondy | English | Rahaf Akhondy |
| 84. | Rahat Yasir | English | Rahat Yasir |
| 85. | MINHAJUL MOLLA | History | minhajul molla |
| 86. | Sadiya Sultana | Bengali | Sadiya Sultana. |
| 87. | Swaraya parvin | Political Science | Swaraya parvin |
| 88. | Prina Samaddar | Political Science | Prina Samaddar |
| 89. | Puskal Biswas. | History. | Puskal Biswas. |
| 90. | Subhajit Naskar | History | Subhajit Naskar |
| 91. | Sukanta Mondal | Sociology | Sukanta Mondal. |
| 92. | Rupam Tarafder | Anthropology | Rupam Tarafder |
| 93. | Dipsankar Das | Zoology | Dipsankar Das. |
| 94. | Samim Khan | Anthropology | Samim Khan |
| 95. | Pabisankar Mondal | Philosophy 5th | Pabisanka |
| 96. | SK. Aijf Raja | Botany | SK. Aijf Raja |
| 97. | Pappu Paul | Botony | Pappu Paul |

Awareness Programme on Women's Health & Hygiene 23rd September, 2022

Attendance Sheet

| | | | |
|------|-----------------------|-----------------|---------------------|
| 98. | Shabujar Mustaki | Zoology 3rd sem | Shabujar Mustaki |
| 99. | Md. Ashfaq Molla | Botany | Ashfaq |
| 100. | Md. Asim Nur | Botany | Md. Asim Nur |
| 101. | Dakshin Roy | Bengali | Dakshin Roy |
| 102. | Joyita Saha | Bengali | Joyita Saha |
| 103. | Bishakhi Biswas | Bengali | Bishakhi |
| 104. | Pradyumn Roy | Anthropology | Pradyumn Roy |
| 105. | Soumik Saha | Anthropology | Soumik Saha |
| 106. | Tousha Dey | Anthropology | Tousha Dey |
| 107. | Seetasmita Rout | Anthropology | Seetasmita Rout |
| 108. | Apurimitra Ghosh | Anthropology | Apurimitra Ghosh |
| 109. | SASNATI BHATTACHARYA. | BOTANY | SASNATI. |
| 110. | Suman Das | Anthropology | Suman |
| 111. | Shaona Sengupta | Psychology | Shaona |
| 112. | Riddhi Datta | Botany | Riddhi |
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GOVT. OF WEST BENGAL

OFFICE OF THE PRINCIPAL
DR. A. P. J. ABDUL KALAM
GOVT. COLLEGE
PLOT. BA-1, AA-1, NEW TOWN RAJARHAT,
24 Pgs. (NORTH), KOLKATA - 700 156
URL : <http://newtowngovtcollege.in>
E -mail : newtowncollege@gmail.com

ড: এ পি জে আব্দুল কালাম

গভ: কলেজ

প্লট. বিএ-১, এএ-১, নিউটাউন, রাজারহাট,
২৪ পরগনা (উত্তর), কলকাতা - ৭০০ ১৫৬
ইউ আর এল : <http://newtowngovtcollege.in>
ই-মেল : newtowncollege@gmail.com

To
Dr. Indranil Saha,
Gynaecologist,
Bhagirathi Neotia Woman and Child Care Centre,
New Town
Kolkata 700156

Sub: Invitation for delivering a lecture in the Awareness Programme on Women's Health & Hygiene

Dear Sir,

It is our pleasure to inform you that Internal Quality Assurance Cell of Dr. A.P.J. Abdul Kalam Government College, New Town, Kolkata is going to organize an **Awareness Programme on Women's Health & Hygiene** on **23rd September, 2022** at the college premises.

For the aforesaid occasion, we would cordially invite you to deliver a lecture from **1:30 pm** and grace the event. We would be honoured if you would accept the invitation, as your presence will go a long way to make this event a beneficial one for each of our student.

We look forward to meet you at the event.

Thanking you,

Warm regards,

Sincerely yours,

Principal
Dr. A.P.J. Abdul Kalam Government College
New Town, Kolkata.



**Dr. A.P.J. Abdul Kalam Government College
New Town, Rajarhat**

Date : 19.09.2022

To
Mr. Sumanta Biswas,
Bhu-Sankalpa,
Chandannagar

Subject: Invitation for delivering a lecture

Dear Sir,

It is our pleasure to inform you that Internal Quality Assurance cell of Dr. A.P.J. Abdul Kalam Government College, New Town, Kolkata is going to organize an **Awareness Programme on Women's Health and Hygiene** on **23rd September, 2022** at **1.30 pm**.

We are cordially inviting you to deliver a lecture to grace the event. We would be honored if you would accept the invitation to join us for this event. Your enlightening lecture will go a long way to make our awareness programme a grand success.

We look forward to meet you at the event.

Thanking you,

Warm regards,

Dr. Debasish Banerjee
Principal

Principal
A.P.J. Abdul Kalam Govt. College
New Town, Rajarhat
Kolkata 700150



Dr. A. P. J. Abdul Kalam Govt. College
New Town, Rajarhat

Notice No. 910/IQAC

Date: 20.09.2022

It is hereby notified that the Internal Quality Assurance cell is going to organize an Awareness Programme on Women's Health and Hygiene on 23rd September, 2022 at 1.15 pm. The speakers are Dr. Indranil Saha and Mr. Sumanta Biswas. Presence of all faculty members, non-teaching staffs and students are highly solicited.

Principal

Dr. A.P.J. Abdul Kalam Government College

Principal

Dr. A.P.J. Abdul Kalam Govt. College

New Town, Rajarhat

Kolkata - 700156

Co-ordinator, IQAC

Dr. A.P.J. Abdul Kalam Government College

Co-ordinator
I Q A C

Dr. A.P.J. Abdul Kalam Govt. College
New Town, Rajarhat. Koi-156

Feedback form

Awareness programme on women's health and hygiene , 23rd September , 2022

Speaker –

Dr. Indranil Saha, Gynaecologist

Feedback will help organizers to better organize such programmes in future

আপনার প্রতিক্রিয়া ভবিষ্যতে এই ধরনের অনুষ্ঠান আরও ভালো ভাবে সংগঠিত করতে সাহায্য করবে

Please tick appropriately

উপযুক্ত উত্তরে টিক দাগ দিন

1. The seminar content was (আলোচনাসভার বিষয় ছিল) -
 - a) Relevant (প্রাসঙ্গিক) - Yes (হ্যাঁ) , No (না) , Somewhat (কিছুটা)
 - b) Comprehensive (বোধগম্য) - Yes (হ্যাঁ) , No (না) , Somewhat (কিছুটা)
 - c) Interesting (চিত্তাকর্ষক) - Yes (হ্যাঁ) , No (না) , Somewhat (কিছুটা)
2. Seminar hall (আলোচনাসভা গৃহ) -
 - a) Comfortable (আরামদায়ক) - Yes (হ্যাঁ) , No (না) , Somewhat (কিছুটা)
 - b) Acoustics (ধ্বনি সশব্দীয়) - Good (ভালো) , Needs to improve (আরও উন্নতি দরকার)
 - c) Size (আয়তন) – Adequate (পর্যাপ্ত) , Inadequate (অপর্যাপ্ত)
 - d) Sitting arrangement (আসনের ব্যবস্থাপনা) - Adequate (পর্যাপ্ত) , Inadequate (অপর্যাপ্ত)
3. What did you like most about this seminar (আপনার আলোচনা সভার কোন ব্যাপারটা সব থেকে ভালো লাগলো) ?

4. Would you participate in this type of seminar in future (আপনি কি ভবিষ্যতে এই ধরনের আলোচনা সভায় অংশগ্রহণে ইচ্ছুক)? - Yes (হ্যাঁ) , No (না) , Not always (সবসময় নয়)

5. Your thoughts on ways to improve the seminar (আলোচনাসভা আরও উন্নত করার ব্যাপারে আপনার চিন্তাভাবনা)

Signature

Name of the participant

Department -

Date : 23.09.22

Feedback form

Awareness programme on women's health and hygiene , 23rd September , 2022

Speaker –

Mr. Sumanta Biswas

Feedback will help organizers to better organize such programmes in future

আপনার প্রতিক্রিয়া ভবিষ্যতে এই ধরনের অনুষ্ঠান আরও ভালো ভাবে সংগঠিত করতে সাহায্য করবে

Please tick appropriately

উপযুক্ত উত্তরে টিক দাগ দিন

1. The seminar content was (আলোচনাসভার বিষয় ছিল) -
 - a) Relevant (প্রাসঙ্গিক) - Yes (হ্যাঁ) , No (না) , Somewhat (কিছুটা)
 - b) Comprehensive (বোধগম্য) - Yes (হ্যাঁ) , No (না) , Somewhat (কিছুটা)
 - c) Interesting (চিত্তাকর্ষক) - Yes (হ্যাঁ) , No (না) , Somewhat (কিছুটা)
2. Seminar hall (আলোচনাসভা গৃহ) -
 - a) Comfortable (আরামদায়ক) - Yes (হ্যাঁ) , No (না) , Somewhat (কিছুটা)
 - b) Acoustics (ধ্বনি সম্বন্ধীয়) - Good (ভালো) , Needs to improve (আরও উন্নতি দরকার)
 - c) Size (আয়তন) – Adequate (পর্যাপ্ত) , Inadequate (অপর্যাপ্ত)
 - d) Sitting arrangement (আসনের ব্যবস্থাপনা) - Adequate (পর্যাপ্ত) ,Inadequate(অপর্যাপ্ত)
3. What did you like most about this seminar (আপনার আলোচনা সভার কোন ব্যাপারটা সব থেকে ভালো লাগলো) ?

-
4. Would you participate in this type of seminar in future (আপনি কি ভবিষ্যতে এই ধরনের আলোচনা সভায় অংশগ্রহণে ইচ্ছুক)? - Yes (হ্যাঁ) , No (না) , Not always (সবসময় নয়)
5. Your thoughts on ways to improve the seminar (আলোচনাসভা আরও উন্নত করার ব্যাপারে আপনার চিন্তাভাবনা)
-
-
-

Signature

Name of the participant -

Department -

Date : 23.09.22